

Regional Anaesthesia UK RA - UK
(Formerly ESRA UK & Ireland)



Annual Scientific Meeting and Clinical Workshops

Thursday 6 – Friday 7 May 2010

Queens University & Stormont Hotel, Belfast

THURSDAY 6 MAY 2010

ANATOMY / PERIPHERAL NERVE STIMULATION / ULTRASOUND WORKSHOPS

0930 – 0945 Introduction and orientation
0945 – 1300 Morning session
1400 – 1715 Afternoon session

Cadaver workshops - 45mins per station

1. Upper limb
 - a. Above the clavicle
 - b. Below the clavicle
2. Lower limb
 - a. lumbar plexus
 - b. sacral plexus

1115 – 1130 Refreshment Break

3. Abdominal wall
 - a. posterior abdominal wall
 - b. Anterior abdominal wall
4. thorax and spine
 - a. chest & thoracic spine
 - b. lumbar spine

1300 – 1400 Lunch

PNS / Ultrasound - 45 minutes per station

5. Upper limb
 - a. Above the clavicle
 - b. Below the clavicle
6. Lower limb
 - a. lumbar plexus
 - b. sacral plexus

1515 – 1530 Refreshment Break

7. Abdominal wall
 - a. posterior abdominal wall
 - b. Anterior abdominal wall
8. thorax and spine
 - a. chest & thoracic spine
 - b. lumbar spine

THURSDAY 6 MAY 2010

REFRESHER COURSE

- 0930-1000 **WELCOME / REGISTRATION & COFFEE**
- 1010-1020 **Welcome**
Dr Barry Nicholls, Taunton
- 1010 -1050 **Anticoagulants and regional anaesthesia: new drugs, new guidelines, old worries**
Dr Barry Nicholls, Taunton
- 1050- 1130 **Is regional anaesthesia good for you: can we really affect outcome?**
Dr William Harrop-Griffiths, London
- 1130 -1230 **Debate: This house believes that the use of ultrasound for nerve location increases the success rate and safety of peripheral nerve blocks.**
Proposer: *Dr Peter Marhofer, Vienna, Austria*
Opposer: *Dr William Harrop-Griffiths, London*
- 1230- 1300 **Case presentation and discussion**
- 1300 -1400 Lunch
- 1400-1440 **What's new in regional anesthesia?**
Dr Kelly Place-RA-UK sponsored fellow 2009-2010
- 1440- 1520 **Nerve damage and peripheral nerve blocks**
Dr William Harrop-Griffiths, London
- 1520-1600 **Regional anaesthesia and analgesia for children**
Dr Peter Marhofer, Vienna, Austria
- 1600 -1620 **Case presentation & discussion**
- 1630 Tea & Depart

FRIDAY 7 MAY 2010

SCIENTIFIC MEETING

Regional anaesthesia 'Out of the comfort zone'

0800-0900 **REGISTRATION & COFFEE**

0900-0920 **RA Ghana –**

Dr David Semple, Edinburgh

0920 -0940 **Military regional anaesthesia**

Surg Cdr David Birt RN, Plymouth

0940-1000 **Regional anaesthesia for the A& E / non anaesthetists**

Dr Martin Shields, Belfast

1000 -1020 **Extending analgesia in the community**

Dr Rafael Blanco, Lewisham

1020 – 1040 **Discussion**

1040 – 1100 Refreshment Break

Post operative care – Emergency abdominal surgery 'analgesic options'

1100 -1130 **Laparotomy in the elderly patient - considerations**

Dr Alex Goodwin, Bath

1130 – 1200 **'Epidural anaesthesia and abdominal surgery – pros and cons'**

Prof Francis Bonnet, Paris, France

1200 – 1230 **Abdominal wall techniques – TAP and rectus sheath**

Dr Christian Egeler, Swansea

1230-1400 Lunch and Poster Session

1230 -1300 **RA-UK AGM**

1400- 1440 **Bruce Scott lecture**

Ultrasound guided regional anesthesia – what have we learnt during the last 15years

Dr Peter Marhofer, Vienna, Austria

Spinal anaesthesia for twenty first century – 'OLD BUT GOLD'

1440 - 1500 **A brief history of spinal anaesthesia – / Wolley & Rowe, glass spine etc**

Dr Robin Russell, Oxford

1500- 1520 **The pharmacokinetics & pharmacodynamics of spinal drugs**

Dr Kevin Milligan, Belfast

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1520 - 1550 Refreshment Break

1550- 1610 **Modern spinal anaesthetic practice – day case, low dose, unilateral**

Dr Beverly Watson, Kings Lynn

1610 - 1630 **Spinal anesthesia for major abdominal / orthopaedic surgery / including spinal catheters**

Dr Mark Blunt, Kings Lynn

1630 - 1645 **The role of ultrasound in spinal anaesthesia?**

TBA

1645 -1700 Discussion & Close Of Meeting